



HORARI CURS 2021-2022 TRIBU

	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES
15:10 a 16:00	BALANCE				DANCE
18:30 a 19:30					BALANCE
19:30 a 20:30	HIOPRESIUS 45'	DANCE			
20:00 a 21:00			DANCE	TABATA	
20:30 a 21:30	COMBATIVES	FULLBODY		COMBATIVES	
21:00 a 21:30			GAC 30'		